

## CLAIMS

1. A method for balancing the electric potential of a human body, said method includes the process of pressing vital points on an abdomen and buttocks of a human body to render said human body to absorb positive and negative ions in the nature in a natural mode of respiration, so that electric current in said human body flows by bringing of blood (said blood bears therein positive electric charges, while cells of blood vessels bear negative electric charges) through the center of the heart, the socrum, a nerve plexus at the joint of an artery and a vein between two kidneys, the fourth ventricle of brain, the third ventricle of brain in the head of said human body etc. to achieve an effect of balancing of said positive and negative ions in cell tissues in the nerve system of said human body with said positive and negative ions in the nature and to thereby relieve the cause of diseases of said human body.
2. The method as in claim 1, wherein when in pressing said vital points on said abdomen and said buttocks of said human body, bending angle of the knees of said user is 15-35 degrees to make said human body be in the best relax state.
3. The method as in claim 1, wherein the number of times of pressing is 19, 29 or 39 in a circulation period, in order that situation of said human body in such a circulation period is moderately adjusted, due amount of pressing added to said human body is taken in pursuance of the requirement of said human body.
4. An apparatus for balancing the electric potential of a human body, said apparatus comprises a base and at least a set of massage mechanism,

wherein:

said base receives thereon said massage mechanisms;

each of said massage mechanisms is composed of a force exerting unit,  
a guide portion, a linking-up portion, a massaging portion and an elastic  
5 element; said force exerting unit is connected with said guide portion  
of which the front end is provided with said linking-up portion, said  
guide portion and said linking-up portion are provided therebetween with  
said elastic element, said linking-up portion is provided on the front  
end thereof with said massaging portion.

10 5. The apparatus as in claim 4, wherein said massaging portion  
includes a pressing head enveloped with a sponge, said sponge is further  
enveloped with an outer envelopment.

6. An apparatus as in claim 4, wherein said massage mechanism further  
is moved by moving of a transmitting mechanism; a driving element is  
15 provided between said massage mechanism and said transmitting mechanism.

7. The apparatus as in claim 6, wherein the center of said massage  
mechanism is eccentrically located on said driving element.

8. The apparatus as in claim 4, wherein said base is provided at a  
position in opposition to said massage mechanisms with a plurality of  
20 first adjustment elements and second adjustment elements respectively.

9. The apparatus as in claim 8, wherein one of said massage mechanisms  
is provided on one side of said base and provided fixedly on a plate to  
form a first massage mechanism, said plate has a screw hole screw  
connecting with said first adjustment elements on said base, so that said  
25 plate is moved by said first adjustment elements for displacing up and

down.

10. The apparatus as in claim 9, wherein said plate is provided thereon with a restraining belt to make steady of the waist of said user the user.

5 11. The apparatus as in claim 8, wherein another one of said massage mechanisms is provided on a floor surface of said base to form a second massage mechanism that is provided on a movable platform able to move up and down, said movable platform is moved up and down by a bolt as a displacing element, the other end of said bolt is connected to a platform  
10 which is displaced by said second adjustment elements provided on said floor of said base.

12. The apparatus as in claim 11, wherein said second massage mechanism is provided thereon with a changeable seat.

13. The apparatus as in claim 4, wherein said base is provided with  
15 a display.

14. The apparatus as in claim 13, wherein said base is provided on one side thereof with a control panel able to control said massage mechanisms.

15. The apparatus as in claim 4, wherein said massage apparatus is  
20 a laid down massage apparatus.

16. The apparatus as in claim 15, wherein said laid down massage apparatus is provided on said movable platform of said second massage mechanism with a foot bracket adapted to moving upwards and downwards.

17. The apparatus as in claim 4, wherein said first massage mechanism  
25 is provided thereunder on said base with a pair of brackets.